



City Guide



København

Nordvest - NV

Østerbro - Ø

Nørrebro - N

City - K

Christiania

Vesterbro - V

Amager - S

Airport - Lufthaven



Welcome to Copenhagen

where bicycles outnumber people
& two wheels reign supreme!

Getting Around:

Despite its 1000-year history, the city is relatively easy and intuitive to navigate. With the exception of Frederiksberg (a city within the city), all city streets 'start' from Kongens Nytorv, with house numbers ascending (odd numbers on the left, even numbers on the right).

Christiania / Green Light District:

It's not 'legal' to buy, smoke or carry weed: You can get a hefty fine. Cops have started targeting buyers and conducting stop-and-searches around the entrances to Christiania. Head towards the lake and further north if you want to explore the 'real' hippie utopia freetown of Christiania. 1000 residents live here - respect people's privacy and their homes! The narrow lanes, cobbles and dirt tracks mean it's easier to explore on foot (Besides, life has a slower pace in Christiania). Christiania ground rules: no violence / no hard drugs / no private cars / no cops.

Kødbyen:

The main race area around Halmtorvet/Øksnehallen is an active drug market, where people buy and use hard drugs and also can get access to necessary healthcare. Please keep this in mind, respect the area and the people who use it!

DGI-Byen:

Main accommodation site. The sleeping hall will be locked between 10:30 and 20:00- it's your responsibility to take with you whatever things you need in the course of the day. Please respect the sleeping space and keep noise to a minimum. There will be a guard on duty between 23:00 and 07:00. FREE Breakfast + coffee will be served in the sleeping hall Sat & Sun mornings 08:00 - 09:30.

Alcohol:

Although not technically legal, drinking in public is widely accepted in DK. Cheap beers can be bought at any hour for reasonable prices from kiosks/supermarkets. Avoid 7-Eleven's overpriced 6-packs.

Pant: Don't crush your cans or break the bottles! That warm tinny you're nursing is worth money! Most empty cans + bottles can be exchanged at supermarkets for 1-3kr. Look out for the Pant logo. Or give your empty to one of the many people who collect deposits to make a living.



Riding in CPH:

Bike Paths: With around 40% of Copenhageners commuting by bike, the bike lanes can get crowded during rush hour (07-09 + 16-17). Remember to signal and keep right to let the lycra-clad commuter types overtake on the left.

Overtake on the left! Ring your bell(!), and folks will let you pass. Raise your arm if you're gonna stop to let the person behind you know. Cyclists suck at shoulder-checking here (too busy texting or whatever)!

Copenhagen Left: boxed turns - at intersections, cyclists are expected to follow a two-stage process: keep right going straight ahead; keep right at the other side of the junction until the junction is clear, at which point you can cross the street to complete your left turn.

Fines: You can get fined up to 1000kr for running a red, riding against traffic, not having two working brakes, riding without lights after dark etc.

Bus stops: At bus stops, cyclists should give way and wait for bus passengers to cross the bike path, unless there is a traffic island where passengers can stand safely and give way to cyclists.



Cyklistbutikken 1905 – Rømersgade 5 K
High-end touring/urban cycling-oriented clothing,
bikes & accessories.

Thunderfist – Flensborggade 2-4 V
Awesome small queer-friendly workshop & café.

Pedal & Co. – Nørrebrogade 200 N
BMX folks with a bit of everything else: CX, MTB,
townies, gravel.

Track Bike Shop – Rantzausgade 2 N
Courier-owned, track-oriented - a messenger staple.
20% wristband discount.

Topbjerg/Hafnia – Stefansgade 51a N
Vintage, 2nd hand road frames and components.





ECMC 2016 Schedule

Thursday 21 July

- 10:00 Registration @ Israels Plads (Cyklistforbundet)
- 12:30 Group Ride around the Island of Amager - Departure from DGI-Byen.
- 15:00 End up at the beach (Amager Strandpark) with BBQ & Beers.
- 16:00 Sprint & Skid Contests @ Amager Strandpark

Friday 22 July

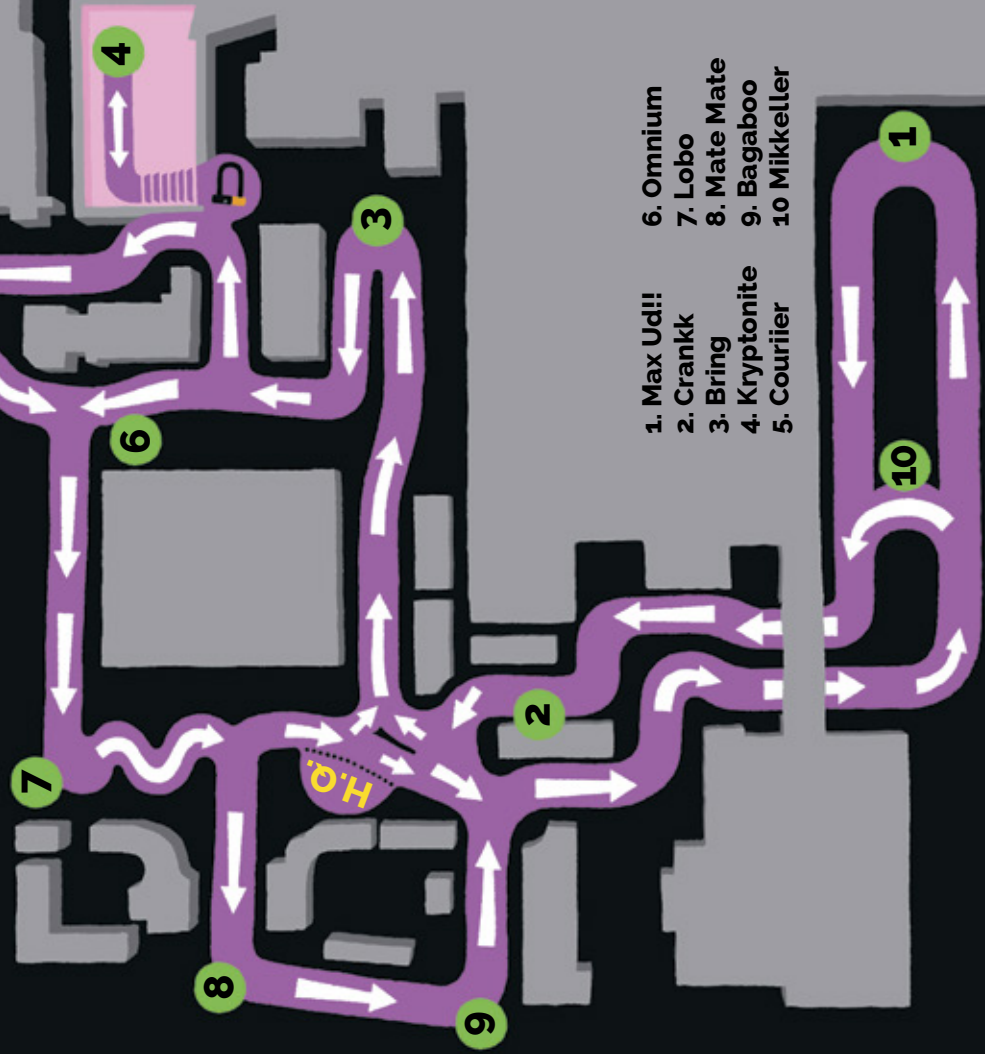
- 10:00 - 15:00 Registration @ Israels Plads
- 16:00 Open Forum @ Israels Plads
- 17:30 WBMA meeting @ Israels Plads
- 19:00 Out-of-Towner Alleycat @ Israels Plads
- 21:00 - Late! Goldsprints Party + Footdown and Trackstand @ Den Grå Hal (Refshalevej 2, Christiania)

Saturday 23 July

- 0800 - 09:30 Breakfast @ Main Race course (Kødbyen)
- 09:30 - 10:30 Test runs of Main Race course (Kødbyen)
- 10:30 - 16:30 Main Race qualifications
- 19:00 FOMO-Alleycat - Are you afraid of missing out?
- 21:00 - 05:00 #Messlife Boogie Afterparty (Main Race finalist announcements) @ KPH Volume

Sunday 24 July

- 08:00 - 09:30 Breakfast @ Main Race course (Kødbyen)
- 10:00 - 12:00 Cargo Race
- 13:00 Main Race Finals
- 18:00 Big ECMC 2016 Dinner @ KPH Volume (Eng-havevej 82)
- 21:00 - 02:00! Maté Maté Final Party + Awards Ceremony @ KPH Volume (Enghavevej 82)



- | | |
|---------------|---------------|
| 1. Max Udi! | 6. Omnium |
| 2. Crankk | 7. Lobo |
| 3. Bring | 8. Mate Mate |
| 4. Kryptonite | 9. Bagaboo |
| 5. Courrier | 10. Mikkeller |

ECMC 2016 - Main Race



Bars:

Café Viking – Ægirsgade 36 N

Classic smoky Nørrebro bodega. Big selection of beers and Danish billiards.

Kronborggade 3 N

Classy dive bar - good beers. Smoking allowed.

Trabi Bar – Griffenfeldsgade 26 N

Draft beers and vodka shots. Smoking allowed.

Open til 4am on weekends.

Mikkeller & Friends – Stefansgade 35 N

40+ taps: one of the best craft beer selections in the world. Smoke-free.

Lygtens Kro – Lygten 29 NV

Punx serving German beers, schnitzel & sauerkraut (lunch + dinner).

Cafe Sommersted – Sommerstedgade 2 V

Classic Vesterbro bodega. 22kr beers! Open til 5am.

Food:

Ma'ed – Griffenfeldsgade 7 N

Delicious Ethiopian food – good veggie options!

John's Hot-Dog Deli – Bernstorffsgade (in front of Central Station) V

Eccentric opening times, but CPH's best 'pøl-sevogn'. Try the homemade beer mustard.

King of Kebab – Nørrebrogade 20 N

Cheap lunch specials until 7pm! Filled pita for 15kr! Free tea!

MadGlad – Eskildsgade 13 V

Cheap self-service/buffet cafeteria. 50kr lunch / 75kr dinner.

Hija de Sanchez - Slagterboderne 8 V

Amazing tacos (and Mezcal ice cream!).

Liban – Rantzausgade 1 N

Excellent Lebanese dishes, Meze etc.

Itzi Pitzi – Sønder Blvd. 51 V

Best pizza in CPH? Take-away only.

Siciliansk Is – Skydebanegade 5 V / Christianshavns Kanal 2 K / Rantzausgade 51 N. Best gelato in town! Wristband discount.

Veggie/Vegan:

Video Video – Dronningensgade 42 K

Vegan food/snacks, organic cocktails and retro arcade machines! Wristband discount.

Morgenstedet – Fabriksområdet 134 C

Cheap veggie/vegan café in Christiania.

Astrid & Aporna – Jægersborggade 39 N

Vegan fast food- burgers, fries, hot dogs.

Kaf – Birkegade 21 N.

Vegan + veggie breakfast/brunch.

Nicecream - Elmegade 30 N.
Vegan ice cream sandwiches!

Bakeries:

St. Peder's Bageri - Skt. Peders Stræde 29 K.
Danish pastries. The Thursday special Torsdag-shorn is a messenger institution.

Meyer's Bageri - Jægersborggade 9 N / Gl. Kongevej 103 F.

Organic, amazingly good Danish pastries. Try the 15kr Brunsviger.

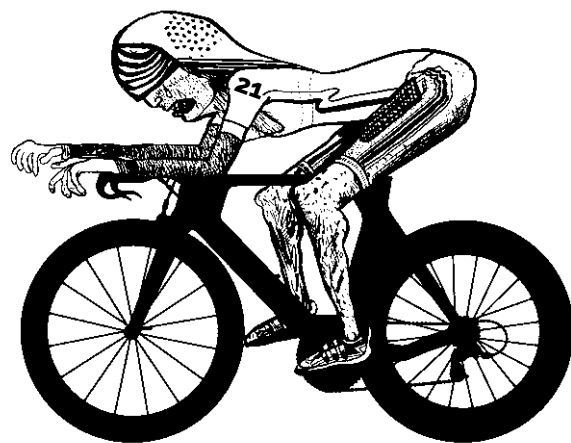
Good Coffee:

Coffee Collective - Godthåbsvej 34b F / Torvehallerne K / Jægersborggade 10 N
A must-visit for coffee connoisseurs!

Democratic Coffee - Krystalgade 15 K
Amazing espresso and the best croissants in town! Wristband discount.

Risteriet - Studiestræde 36 K
A Latin Quarter institution. Nitrogen iced coffee, anyone?

Heimdalsgade 22 N
Excellent coffee + 2nd hand vinyl. Wristband discount!



Swim Spots:

Behind Miljøstyrelsen – behind Strandgade 29 K.

A messenger institution: secluded but central.

Kajak Republic – Børskej 12 K. Canal-side jetty
right in the middle of the city.

Svanemøllen – Strandpromenaden / Dessaus
Blvd. Ø. 400m north of the beach is a nice wood-
en jetty.

Nordhavnstippen – Østersøvej Ø. Perfect sunset
spot right at the tip of Nordhavn port.

Amager Strandpark – Amager Strandvej S
4km long sandy beach with winding paths, dunes
and cafés.

Avoid: Islands Brygge

Overcrowded with obnoxious bros w/boomboxes!



Dansk Glossary:

Øl - Beer

Wienerbrød - Danish pastry

Pølsevogn - Hot-dog stand

Cykelbud - Bike courier

Ladcykel - Cargo bike

Ensrettet - One-Way

Lorteøen - Amager

Skål! - Cheers!

Max Ud!! - Chistole

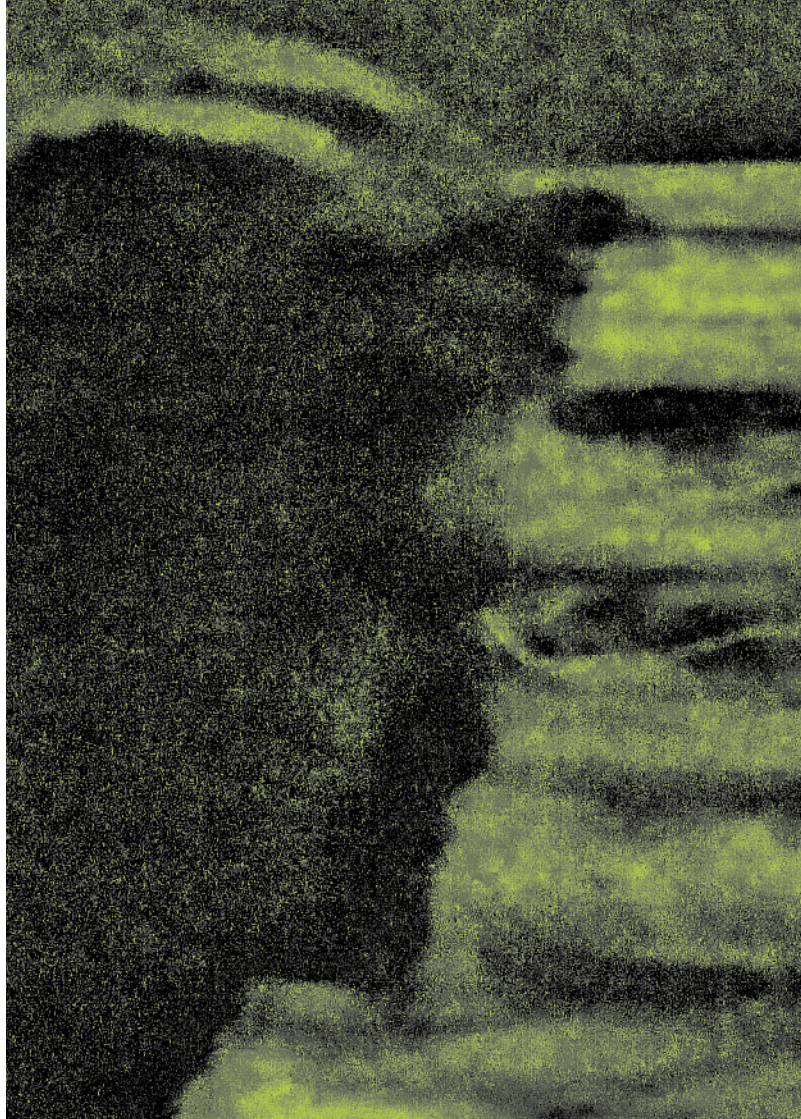
Tømmermænd - Hangover

Tak - Thanks

Jernhest / Rugbrødskværn / Havelåge - Bike

ECMC Photo/Illustration/Design: Jody Barton

www.jodybarton.co.uk



#MESSLIFEBOOGIE



THE OFFICIAL ECMC PARTY!

Boogie Night Crew

Guldminen

HJRT TKNO

PÅNCH & The Terminator

Chistole - Dancefloor - Cheap Beers & Drinx

Doors: 21 - 05 ENTRY: 50kr

(FREE w/ECMC2016 wristband)

KPH Volume, Enghavevej 82, 2450



loboeat

DCI BYEN
DCI BÆN

KR
NKY

PEDROS

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BURNING ROSE JEWELLERY CO.

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FONDET

SMS
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THREE
LEGS
AND
A MODEL

CYKLISTFORBUNDET
BOKLÆFT - SIDEN 1985

Mikkeller

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bring

THE COFFEE COLLECTIVE



unsettle

WONDERFUL
COPENHAGEN



NY-EXPRESSEN.DK
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KØBENS HAD OG
MARKED

BOOKMAN

DKT

Hold Fast

P.I.E.X
G.A.T.A.

LEAVE THE PURSUERS
Pelago
BICYCLES
STAY IN THE WHEEL



BUTCHERS & BICYCLES
COPENHAGEN

GOD AND FAMOUS

inelli

swrve

SI
SICILIANSK IS
GELATO SICILIANO

OMNOM

KRYPTONITE®

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MESSENGER AND SHOULDER BAGS